

There will be a RunSmart Level One Program (Principles) offered in Austin, Texas on Sunday, May 1 from 12:00 - 4:00 at [South Congress Athletic Club](#) .

This program has been approved by the Texas Physical Therapy Association for 3.5 Continuing Competency Units for physical therapists. The cost of the program is \$95.00, and a copy of the book ["RunSmart: A Comprehensive Approach To Injury-Free Running"](#) . Registration is online at <http://runsmart.eventbrite.com> . A copy of the book is included in your registration fee.