Written by Allan Besselink
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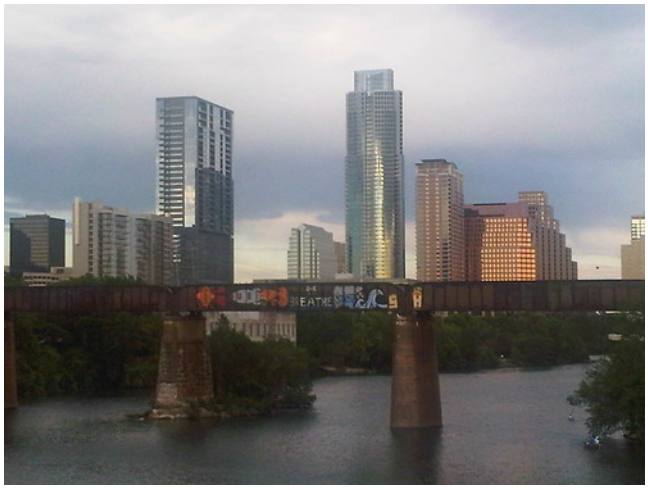

Hello again, oh patient and faithful reader. I'll be the first to admit that these pages have been silent for quite some time now. It's the longest break I've had here, and it certainly wasn't a planned absence. There's been a lot of writing going on, for sure, just not much that has made it's way here. Please accept my apologies for the silence.

There's been a pause - for many a cause. Let me tell you a little about the past year.

Writing, editing, and publishing all have a natural ebb and flow. I have always suggested to others that these tasks shouldn't be done at the same time because they have different intents and purposes. I always advocate that you write for writing's sake, then edit the living daylights out of it. You can then spruce it up in the publication process.

Writing is time-consuming, but editing is far more so. I'd suggest that for every hour of writing, there may be two hours of editing required to make a post worthy of step three: publication. All of this involves one of the most important commodities we have: time. Within the ebb and flow are the natural cycles of life.

Over the past couple of years, time has been of the essence, even more so than in recent years. I returned to the world of academia for the first time in many years. This phase of education - and yet another chapter in my story of life-long learning - has ended. A clinical doctorate in physical therapy, as well as a graduate certificate in anatomy, have been the pot of gold at the end of the rainbow. I've been one busy guy, so it's no wonder that my editing and publishing schedule has taken a bit of a beating.

Writing has remained a part of my day. I am now at 897 consecutive days of writing. There's still a lot of mind-blowing material lighting up the screen. Revelations. Reflections. Insights. Humor. However, as my own students say, the struggle is real. The editing and publishing simply didn't survive this time around. My rather ubiquitous blogging presence went silent - in this case, however, silence is golden.

For those of you who have been regular readers of this blog, I give you my heartfelt apologies. I understand the intellectual and emotional responsibility of creating an engaging post, and the social responsibility that goes along with it. I've set the bar with 800 posts over 10 years, and last year was a total of … two. I appreciate the patience of those of you continuing to check in on me, and it's always an honor to receive accolades even with the perilous silence.

With that said, I can guarantee one thing. There's a back log of material just dying to be edited! It's time to get back to changing the world - one blog post and one reader at a time. If that's what you're looking for, you're in the right place.

They say that absence makes the heart grow fonder. I am hoping that is the case here, devoted readers.

The Revolution Is Now. Welcome Back.

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